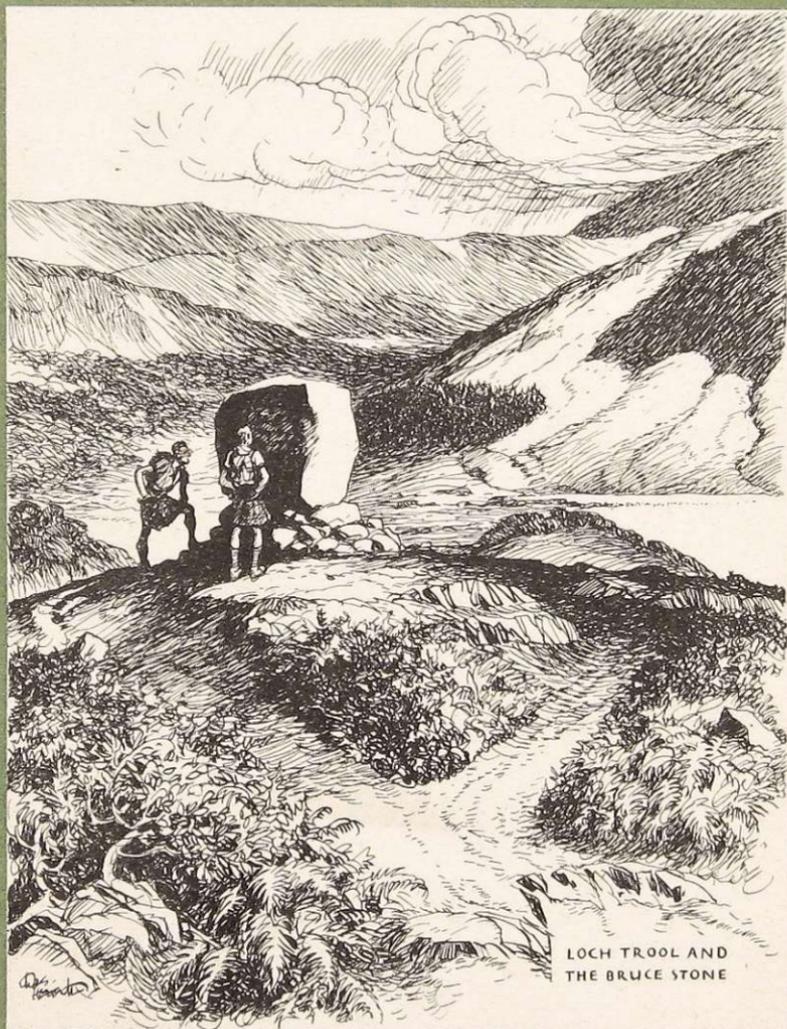


1225

NATIONAL
FOREST PARK GUIDES

GLEN TROOL



LOCH TROOL AND
THE BRUCE STONE

HIS MAJESTY'S STATIONERY OFFICE

THREE SHILLINGS NET

NATIONAL FOREST PARK GUIDES

GLEN TROOL

Issued by the
FORESTRY COMMISSION

LONDON: HIS MAJESTY'S STATIONERY OFFICE

1950

CONTENTS

	PAGE
AN APPRECIATION OF THE GLEN TROOL NATIONAL FOREST PARK <i>by</i> ANDREW McCORMICK	1
MOUNTAINS, LOCHS AND RIVERS <i>by</i> H. L. EDLIN, B.Sc.	13
GEOLOGY <i>by</i> G. H. J. DAYSH, <i>Professor of Geography,</i> <i>King's College, Newcastle-upon-Tyne</i>	24
PLANT LIFE <i>by</i> J. R. MATTHEWS, <i>Professor of Botany,</i> <i>University of Aberdeen</i>	30
WILD ANIMALS AND BIRDS <i>by</i> GAVIN MAXWELL, F.R.G.S., F.Z.S., M.B.O.U.	40
THE FORESTS AND PLANTATIONS <i>by</i> J. R. THOM, B.Sc., <i>Conservator of Forests for South</i> <i>Scotland, Forestry Commission</i>	46
WALKING ROUTES <i>by</i> ANDREW McCORMICK	53
PLACE NAMES AND THEIR GAELIC DERIVATIONS, <i>translated by</i> J. KEVAN McDOWALL, F.S.A. SCOT.	61
APPROACHES TO THE PARK.	66
GENERAL INFORMATION	71
MAPS	Pages 36, 37 and Inside Back Cover



LINES FROM THE MARTYRS STONE, CALDONS WOOD

AN APPRECIATION OF THE GLEN TROOL NATIONAL FOREST PARK

By *ANDREW McCORMICK*

INCLUDED in the Glen Trool National Forest Park are five forests, Glen Trool, Carrick, Cairn Edward, Change and Kirroughtree, having a total area of over 110,000 acres, or more than 170 square miles. All these forests are places of great natural beauty, which will afford wide scope and variety for rambles and other lovers of nature. It is gratifying to know that several proprietors and tenants of lands in the vicinity of the Forest Park have agreed to allow walkers to use fixed routes across their properties, as indicated on the map that accompanies this Guide book, and this concession enlarges still further the area of wild uplands-made available for public enjoyment. This National Forest Park is of easy access, by road and rail, from populous centres. It also contains a great many hills which will suit the physical capacity of most of our population, leaving the others, including trained mountaineers, to seek their exercise on higher hills if they see fit.

Glen Trool itself, and its rock-strewn hinterland of the Forest of Buchan, are regions of great beauty, with wonderful streams and

FOREWORD

by

SIR SAMUEL STRANG STEEL, BART., T.D.

Forestry Commissioner, 1932-1949

IN DECIDING to create a National Forest Park at Glen Trool the Forestry Commissioners made a wise decision, and it is their hope that the charm of the scenery and the historic associations within the boundaries of the Forest Park may give great pleasure and satisfaction to all who visit it, and at the same time be of intrinsic interest to those who are especially fond of nature, by studying the bird life, the wild flowers and the various geological formations to be found in this area.

The five forests, Glen Trool, Carrick, Cairn Edward, Changue and Kirroughtree, which make up the Glen Trool National Forest Park, contain a large stretch of the finest and highest hill country in the South of Scotland, a district which is entirely unspoilt and has not been changed by the hand of man, and yet is within easy reach of the populous parts of Ayrshire, Renfrewshire and Lanarkshire.

The views from the high peaks of the range of mountains surrounding the Merrick are unsurpassed, and the climb to one of these high tops is quite easy and well within the compass of most young and fit people ; there are, as well, innumerable and delightful walks in the valleys on good roads and paths, suitable for older people.

The Forestry Commissioners feel especially grateful to those who have written such valuable contributions to this Guide, which should be obtained beforehand by all those intending to visit Glen Trool.